

BOWLS



mezeh classic

white basmati rice, chicken shawarma, caramelized eggplant, spicy hummus, lebanese tabbouleh, red cabbage slaw, tzatziki dip, roasted corn salsa, sumac cucumbers, pickled turnips, harissa dressing

falafel classic

white basmati rice, falafel, roasted vegetables, turkish salad, pearl couscous, classic hummus, red cabbage slaw, spicy feta dip, sumac cucumbers, pickled beets, tzatziki dressing

chicken chicken

(2x protein) brown basmati rice, chicken shawarma, chicken kebab, turkish salad, classic hummus, tzatziki dip, roasted corn salsa, chickpea salad, pickled turnips, red cabbage slaw, tzatziki & lemon garlic dressing

muscle bowl

(2x protein) white basmati rice, black lentils, chicken kebab, lamb kefta, lebanese tabbouleh, tzatziki dip, spicy feta dip, sumac cucumbers, pickled beets, pita croutons, tahini sauce



vegan



vegetarian



gluten free



spicy





BULGUR PILAF



mezeh greek

romaine, chicken shawarma, classic hummus, chickpea salad, crumbled feta, cherry tomatoes, sumac cucumbers, turkish olives, pickled onions, greek feta dressing



vibrant vegan

arugula, brown basmati rice, black lentils, falafel, classic hummus, lebanese tabbouleh, chickpea salad, sumac cucumbers, pickled onions, cilantro vinaigrette

bulgur + kebab

bulgur pilaf, chicken kebab, roasted vegetables, pearl couscous, classic hummus, red cabbage slaw, chickpea salad, pickled turnips, greek feta dressing

NEW

winter shawarma

spinach, bulgur pilaf, chicken shawarma, black lentils, spicy feta dip, roasted corn salsa, caramelized eggplant, cherry tomatoes, pickled onions, cilantro vinaigrette

NEW



WRAPS

juicy steak

mixed greens, steak shawarma, tzatziki dip, cherry tomatoes, pickled turnips, crumbled feta, cilantro vinaigrette

lamb gyro

mixed greens, shredded lamb, tzatziki dip, crumbled feta, cherry tomatoes, pickled onions, tzatziki dressing



falafel kick

romaine, falafel, lebanese tabbouleh, spicy hummus, cherry tomatoes, red cabbage slaw, greek feta dressing

chef's choice

romaine, black lentils, chicken kebab, roasted vegetables, classic hummus, cherry tomatoes, red cabbage slaw, pickled beets, cilantro vinaigrette



classic shawarma

mixed greens, chicken shawarma, turkish salad, classic hummus, tzatziki dip, pickled onions, tzatziki & harissa dressing



vegan



vegetarian



gluten free



spicy

BUILD YOUR OWN

meal

bowl
flatbread wrap
pita pocket

greens & grains


choose 1 or 2

mixed greens
spinach
arugula
romaine lettuce

bulgur pilaf
white basmati rice
brown basmati rice

proteins

choose 1 or 2 (1/2 and 1/2 or double your protein)

falafel
chicken shawarma 
chicken kebab

steak shawarma* 
lamb kefta* 
shredded lamb*



toppings

choose up to 10

roasted vegetables
black lentils
turkish salad
spicy hummus 🌶️
lebanese tabbouleh
classic hummus
pearl couscous
red cabbage slaw
tzatziki dip
roasted corn salsa
spicy feta dip 🌶️
chickpea salad
crumbled feta

caramelized eggplant
cherry tomatoes
sumac cucumbers
turkish olives
pickled turnips
pickled onions
pickled beets
red cabbage slaw
sunflower seeds
dried cranberries
crunchy chickpeas 🌶️
pita croutons
avocado*



sauce

choose 1 or 2, on top OR on the side

tzatziki
harissa 🌶️
tahini
greek feta
spicy mango 🌶️
lemon garlic
s'hug 🌶️🌶️
mezeh caesar
balsamic vinaigrette
cilantro vinaigrette

*additional charge